

For further information, please contact:

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Action for Children helps the most vulnerable children and young people in Scotland break through injustice, deprivation and inequality, so they can achieve their full potential.

Action for Children, whose registered address is at 3 The Boulevard, Ascot Road, Watford WD18 8AG and registered as a charitable company limited by guarantee in England & Wales under number 4764232. Registered charity numbers 1097940/SCO38092

Confidentiality

Service User's information is treated as confidential within the project and will only be shared with the knowledge and permission of the service user except when a child or vulnerable person is at risk.

Equality & Diversity

We respect differences in ethnic origin, gender, religion, sexuality, culture and language both as an employer and service provider.

We will endeavour to communicate in people's first language and will ensure participation of those with disabilities.

Participation

Young people and their families will be included in meetings and reviews about the progress they are making and their views will be sought before any decisions are made.

They will be asked for their views about the service they are receiving.

They will be encouraged to assist in the shaping and developing of the service.

If you have any problems or concerns regarding the service, please speak to a member of staff. Any problems or concerns will be dealt with promptly.



Orkney Services



An Orkney Islands Health Care Partnership



Who We Are...

Action for Children are a charity and part of the third sector. We work in partnership with Orkney Health and Care (OHAC), Police, Education, NHS Orkney and other Charities and organisations that offer support services to young people. We are funded by Orkney Council and The Corra Foundation.

Who We Help...

We have 2 strands within the service; **Orkney Emotional Wellbeing Service** who offer support to 8-18 year olds around emotional wellbeing and **SKIPTA** who offer support to 12 – 18 year olds who are negatively impacted by alcohol or substance misuse, either their own or parental. Our early intervention service will work across Orkney with young people aged 8-18 years, living in Orkney, who are identified as requiring support with mental health and wellbeing.

We aim to provide support and assistance to those who are not currently heavily involved with statutory agencies.

The ambition is to make Scotland the best place to grow up, by improving health equality and life expectancy by tackling the problems in the early years of a child's life.

What We Do...

- We work in partnership with local statutory and non-statutory agencies to improve outcomes for children, young people and their families.
- We work directly with young people and their families and carers, supporting with emotional wellbeing.
- We support young people to improve their wellbeing and resilience who are at risk of being negatively impacted by either their own or parent/carers alcohol or substance misuse
- We also provide longer term intervention, where we will continue to work with the young person and their family, building trust and using a young person centered approach to address any issues affecting their well-being e.g. family issues, education difficulties, problems in the community.
- We support parents to implement parenting strategies, empowering families to have family led decision making.
- We signpost young people and their families to other agencies that will offer relevant support.

- We provide follow up meetings with the young person and their family 3 months after the end of support to ensure that they are confident in implementing the strategies they have learned and do not feel they need further or continued support.



Referrals...

Parents and young people can self-refer to the service.

Referrals from Education, Community Education, Health, Social Work, Schools, Third Sector and Police, will all be considered. Consent will be sought from parents if the young person is under 16, or from the young person themselves, aged between 16 – 18.