For further information, please contact:

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Or

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Action for Children helps the most vulnerable children and young people in Scotland break through injustice, deprivation and inequality, so they can achieve their full potential.

Action for Children, whose registered address is at 3 The Boulevard, Ascot Road, Watford WD18 8AG and registered as a charitable company limited by guarantee in England & Wales under number 4764232. Registered charity numbers 1097940/SCO38092.

#### Confidentiality

Service User's information is treated as confidential within the project and will only be shared with the knowledge and permission of the service user except when a child or vulnerable person is at risk.

### **Equality & Diversity**

We respect differences in ethnic origin, gender, religion, sexuality, culture and language both as an employer and service provider.

We will endeavour to communicate in people's first language and will ensure participation of those with disabilities.

#### **Participation**

Young people and their families will be included in meetings and reviews about the progress they are making and their views will be sought before any decisions are made.

They will be asked for their views about the service they are receiving.

They will be encouraged to assist in the shaping and developing of the service.

## **Comments / Complaints**

If you have any problems or concerns regarding the service, please speak to a member of staff. Any problems or concerns will be dealt with promptly.



# Eilean Siar Young People's Service



- Supporting young people aged 8 – 18 in the Outer Hebrides





## Who We Are...

Action for Children helps the most vulnerable children and young people in Scotland break through injustice, deprivation and inequality so they can achieve their full potential.

Action for Children and Western Isles Women's Aid have both been established services in the Outer Hebrides for over ten years. Both services have worked extensively with children, young people and their families.

The services, which are both located in the Bayhead area of Stornoway, provide support to children, young people and their families who may have been affected by violence against women.

# What We Will Do...

We work with young people aged 8 - 18 years. Through an individual and group basis we aim to support young people to:

- Build self-esteem and emotional wellbeing
- Promote self-efficiency
- Encourage peer support
- Introduce children and young people to other community based therapeutic / leisure activities
- > Address any relationship issues



# How We Will Do It...

We will provide both one to one and group sessions where children and young people are supported and encouraged to share their concerns and build up their confidence.

We will introduce goal setting and achieving, building on an existing interest of the child or young person and introducing them to new activities.

Through community based activities we will encourage young people to develop effective coping strategies and encourage peer support.

We will encourage young people to develop safe plans and participate in healthy relationships.

We will base our support around the needs and wishes of the child or young person, being flexible re times, venues and key worker.