We dare you fundraising fun

# We dare you

**Challenge your colleagues and dare to raise money for Action for Children.**

**Step 1**
Choose a dare from the list and write it in the table below.

**Step 2**
Decide who you want to nominate and write their name in the box.

**Step 3**
Donate (we reckon £5 or £10) then sit back and enjoy!

| Name the dare | Who are you nominating? | Amount Donated | Your name |
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| | | | |
| Total donations received | | £ | |

**Ducking out of a dare? You'll need to pay a £10 forfeit.**

## Why do a dare?

Every child should have a safe and happy childhood.
But in the UK today, vulnerable children are hurting. These children are being ignored, left without support to face abuse and neglect, poverty and poor mental health.
This is why we're asking you to choose a dare. Every dare you do will raise money and help us reach more children in crisis.

**Choose a dare. Choose safe and happy childhoods.**

**For more ideas, support or materials, please contact:**
**YouDare@actionforchildren.org.uk**

**www**
**actionforchildren.org.uk**

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