IDAHO STANDS FOR:
International Day Against Homophobia, Transphobia and Biphobia.

Idaho day was first celebrated on 17th May 2005, exactly 15 YEARS to the day that homosexuality was declassified as a disease by WHO (the World Health Organisation).

The founder of Idaho day was Louis-Georges Tin (Born 1974). He is a French activist involved in the fight against homophobia and racism.

Forces recorded 5,597 hate crimes against gays and lesbians in 2014-15, a rise of 22%.

In 5 countries worldwide homosexuality is still punishable by the death penalty. In a further 76 countries citizens are imprisoned because of their sexual orientation.

Idaho day 2013 was celebrated in more than 120 countries and reached over 200,000,000 people.
At least 20% of lesbians and 16% of gay and bisexual boys have attempted suicide.

Members of the LGBT community are LESS likely to engage with mainstream Mental Health services.

The suicide rate for gay youngsters is THREE TIMES higher than that of their heterosexual peers.

50% of lesbian and bisexual women under the age of 20 have self harmed in the last year in comparison to 7% for the rest of the population.

1 IN 5 bisexual and lesbian women have an eating disorder compared to 1 in 20 of the general population.

SELF STIGMA has a major impact on the mental health and well being of the LGBT community.